

## Research Publication in Refereed Journals as notified by UGC

Sr. No.	Title with page no.	Journal	ISSN	Impact Factor, if any	No. of co-authors	Whether Principal/ Corresponding Author	Year
1.	Effect of Exercise on Mental Health Page no 66-68	International Journal of Physical Education, Sports and Health	2394-1685	5.38	01	<b>Principal Author</b>	2015-16
2.	Career in physical education and sports Page no 217-219	International Journal of Physical Education, Sports and Health	2394-1685	5.38	01	<b>Principal Author</b>	2016-17
3.	Effect of asanas on selected health related physical fitness components Page no 143-145	International Journal of Physiology, Nutrition and Physical Education	2456-0057	5.43	01	<b>Principal Author</b>	2016-17
4.	Yoga effect on sports performance Page no 29-32	International Journal of Yoga, Physiotherapy and Physical Education	2456-5067	5.24	02	<b>Principal Author</b>	2016-17
5.	Benefits of Yoga in Daily Life Page no 01-04	International Journal of Physical Education & Sports Sciences	2231-3745	0.908	02	<b>Principal Author</b>	2016-17
6.	Effect of Eight Weeks Aerobics Exercise on Physical and Physiological Variables among College men Page no 103-106	International Journal of Physiology, Nutrition and Physical Education	2456-0057	5.43	02	<b>Principal Author</b>	2016-17
7.	Use Technology in Sports Page no 151-155	Ajanta an International Multi Quar. Research Journal	2277-5730	4.361	01	Corresponding Author	2016-17
8.	Importance of sports psychology in physical education and sports Page no 215-218	International Journal of yoga, Physiotherapy and Physical Education	2456-5067	5.24	01	<b>Principal Author</b>	2017-18

9.	Body Composition assessment methods Page no 484-488	International Journal of Physiology, Nutrition and Physical Education	2456-0057	5.43	02	<b>Principal Author</b>	2017-18
10.	The Effect of Physical Activity on Academic Performance	International Journal of Innovative Research in Technology	2349-6002			<b>Principal Author</b>	2021-22
11.	Effect of physical activity on physical fitness factor among first year college students	Journal of Information and Computational Science	1548-7741			<b>Principal Author</b>	2021-22
12.	A Comparative Study of Emotional Intelligence of Achievers and Non-Achievers from Individual and Team Games	Shodhsamitha	2277-7067			<b>Co- Author</b>	2022-23

## Research Publication in other reputed journals as notified by UGC

Sr. No.	Title with page no.	Journal	ISSN	Impact Factor, if any	No. of co-authors	Whether Principal/ Corresponding Author/ Guide	Year
1	Health and Development through Physical Education Activity and Sports Page no 98-101	Entire Research	0975-5020	2.359	01	<b>Corresponding Author</b>	<b>2016-17</b>
2	Combine Effect of concurrent Training and yogic activity on the physiological and performance parameters of 10 Metr. Air pistol shooting	Shodh Sangam	2249-717X	00	01	<b>Corresponding Author</b>	<b>2016-17</b>
3	Role of Physical Fitness in Daily life Page no 39-42	International online Physical Education and Sports Research journal Academic sports Scholars	2277-3665	5.3149	01	<b>Principal Author</b>	<b>2017-18</b>
4	Effect of Resistance Training Endurance Training and Combined Training on Selected Physical Fitness Variables among College going Male student age group 18-21 page no-24-27	International Journal of Recent Research and Applied Studies	2349-4891	4.665	01	<b>Principal Author</b>	<b>2017-18</b>
5	Benefits of Exercises page no- 329-332	Vidaywarta	2319-9318	5.131	01	<b>Corresponding Author</b>	<b>2017-18</b>
6	Health Risk of Obesity Page no 52-55	Vidaywarta	2319-9318			<b>Principal Author</b>	<b>2018-19</b>
7	Current Trends in Obesity: Body Composition, Assessment, Weight Regulation, and New Techniques in Managing Sever Obesity	Research Chronicler	2347-5221		02	<b>Principal Author</b>	<b>2018-19</b>
8	Various Types of Advance Technology in Sports	International Journal for Innovative Research in Multidisciplinary Filed	2455-0620	6.719	02	<b>Principal Author</b>	<b>2020-21</b>
9	Comparison of predication body fat percentage from different methods for evaluating body fat percentage on Ahmednagar District College Going Students	B. Aadhar Multidisciplinary International Research Journal	2278-9308	7.675	02	<b>Principal Author</b>	<b>2020-21</b>

10	Importance of daily physical activity	International Journal of Health, Physical Education and Computer Science in Sports	2231-3265			<b>Principal Author</b>	<b>2021-22</b>
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**Text / Reference, Books published by International Publishers with ISBN/ISSN number as approved by the University and posted on its website**

<b>Sr. No.</b>	<b>Title of the book and Publisher</b>	<b>ISBN</b>	<b>Publisher and Place of Publication</b>	<b>No. of co-authors</b>	<b>Whether you are the main author</b>	<b>Level</b>	<b>Year</b>
<b>1.</b>	व्यायामाचे शास्त्रशुद्ध मार्गदर्शन	978-93-88381-32-1	Educreation Publishing	00	Yes	National	2018-19
<b>2.</b>	शारीरिक शिक्षण आणि क्रीडा	978-93-89529-02-9	Success Publications	00	Yes	State	2019-20
<b>3.</b>	Aspect of Physical Education, Sports and Yoga (Volume -I) (Editor)	978-81-956658-0-8	Rajarshi Prakashan	01		National	2021-22
<b>4.</b>	Aspect of Physical Education, Sports and Yoga (Volume -II) (Editor)	978-81-956658-2-2	Rajarshi Prakashan	01		National	2021-22
<b>5.</b>	A New Era of Physical Education Sports and Yoga (Volume -I) (Editor)	978-93-95369-14-5	Advent Publishing	03		International	2022-23

**Chapters in Books published by National and International level publisher, with ISBN / ISSN number as approved by the University and posted on its website**

<b>Sr. No.</b>	<b>Title with page Nos.</b>	<b>Books Title, editor &amp; publisher</b>	<b>ISBN</b>	<b>No. of Co-authors</b>	<b>Whether you are the main author</b>	<b>Year</b>	<b>Editor</b>	<b>Publisher</b>	<b>Web site address of this publication (if any)</b>
<b>1.</b>	Benefits of Yoga in Daily Life and Yoga Trends, Page No 43-61	Research Trends in Physical Education and Yoga (Volume - 4),	978-93-5335-555-5	00	01	2019-20		AkiNik Publications	
<b>2.</b>	Diet and Nutrition	Research Trends in Multidisciplinary Research (Volume -32) AkiNik Publications	978-93-5570-143-5	00	01	2021-22		AkiNik Publications	
<b>3.</b>	Current Trends in Physical Education: A Review	Current Trends in Physical Education and Sports	978-93-91331-33-7	00	01	2021-22			

<b>Fellowships/ Awards</b>				
<b>Sr. No.</b>	<b>Name of the Award/ Fellowship</b>	<b>Level International /National/ State/ University</b>	<b>Awarding Association/ Body</b>	<b>Year</b>
<b>1.</b>	“Best Young Faculty Award”	International	Dk International Research Foundation, Tamilnadu	<b>2018-19</b>
<b>2.</b>	“विज्ञान मित्र” For Book	State	Senhavidya Publication, Pune	<b>2018-19</b>
<b>3.</b>	“Best Poster Presentation Award”	International	International Conference Sports Psychology and Yogic Science	<b>2018-19</b>
<b>4.</b>	Research Excellence Award	International	Institute of Scholars	<b>2019-20</b>
<b>5.</b>	तंत्रस्नेही कार्यगौरव पुरस्कार	State	महाराष्ट्र राज्य शारीरिक शिक्षण तंत्रस्नेही पॅनल	<b>2020-21</b>

**Invited Resource Person / lectures / paper**

<b>Sr. No.</b>	<b>Title of the Lecture/Academic Session</b>	<b>Resource Person / lectures / papers</b>	<b>Title of Conference / Seminar etc.</b>	<b>Organized by</b>	<b>International /National/ State/ University Level</b>	<b>Year</b>
1.	स्थुलता आणि स्थुलता मापन पध्दती	Paper Prestation	Future Prospects Physical Education in india	Atrs, Sci and Com. College, Kholar	State	2013-14
2.	शारीरिक शिक्षणातील माहिती तंत्रज्ञानाचा वापर	Paper Prestation	Modern Trends in Physical Education	Shankarlal Khandelwal Atrs, Sci and Com. College, Akola	National	2014-15
3.	योग आणि आधुनिक जिवनशैली	Paper Prestation	The Role of Physical Education and Sports over coming social health Problem	New Arts, Commerce and Science College, Parner	National	2015-16
4.	Important of Physical Education	Resource Person	The Role of Physical Education and Sports for Avoiding the health Problem	Abasaheb Kakade Arts Collge, Bodhegao	State	2016-17
5.	Role of Physical Education for human Well-being	Resource Person	Role of Physical Education for human Well-being	Arts, Commerce and Sicence College, Karanjali	State	2017-18
6.	आरोग्य साक्षरता	Guest Lecture	आजिवन आध्यापन आणि विस्तार	Kai. Abasaheb Kakde Arts College, Bodhegao	Local	2018-19
7.	Health Risk of Obesity	Paper Presentation	Empowering Youth thought Physical Education, Sports and Yoga	Rajendra Mahavidyla, Khnadala	National	2018-19



8.	Modern Lifestyle and Yoga	Resource Person	Role of Yoga in Changing Adolescence	Karmaveer Ravsaheb Thorat Arts and Commerce College, Vani	State	2018-19
9.	Effect of Asanas on Selected Physical Fitness Components	Paper Presentation	Psychological Contribution in Sustainable Human Development in Sports, Organization and Community Health	Arts, Commerce and Science College Kannad	National	2019-20
10.	Google Forms	Resource Person	Google Forms	YASHDA	State	2020-21
11.	One Week Faculty Development Programme on E - Content Development in Teaching	Resource Person	FDP	Saraswathi Arts College, Dahihanda	National	2020-21
12.	Comparison of predication body fat percentage from different methods for evaluating body fat percentage on Ahmednagar District College Going Students	Paper Presentation	International Multidisciplinary Conference on Contemporary Approaches and Application in Physical Education & Sports Science	Rashtasant Tukadoji Maharaj Nagpur University Physical Education Teacher Association	International	2020-21
13.	Creation of E-content Tool & Educational Game	Resource Person		Universal Teacher Academy, Puducherry.	State	2021-22
14.	health and lifestyle	Resource Person		Arts, Science, Commerce and Computer Science College Ashvi.	State	2021-22
15.	Google Form and Certificate Design	Resource Person	Refresher Course in Physical Education	the UGC-Human Resource Development Centre, Savitribai Phule Pune University at the	National	2021-22

				Department of Sports & Physical Education.		
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Sr. No.	Title of E- Learning Delivery Process/ Material	Type	Link	Year
1.	How To Calculate BMI	Video	<a href="https://youtu.be/6cs99_Dbqa4">https://youtu.be/6cs99_Dbqa4</a>	2020-21
2.	Health Related and Skill Related Physical Fitness	Video	<a href="https://youtu.be/M_Ksmb8rock">https://youtu.be/M_Ksmb8rock</a>	2020-21
3.	Aerobic And Anaerobic	Video	<a href="https://youtu.be/Oxnmwy9ocnw">https://youtu.be/Oxnmwy9ocnw</a>	2020-21
4.	Physiology Of Respiration	Video	<a href="https://youtu.be/D3bxj6z3iss">https://youtu.be/D3bxj6z3iss</a>	2020-21
5.	Human Body Bone System	Video	<a href="https://youtu.be/Racvtdkxc-I">https://youtu.be/Racvtdkxc-I</a>	2020-21
6.	Human Heart	Video	<a href="https://youtu.be/Eejxor6v8qc">https://youtu.be/Eejxor6v8qc</a>	2020-21
7.	How To Measure WHR	Video	<a href="https://youtu.be/Jnwavljgyvg">https://youtu.be/Jnwavljgyvg</a>	2020-21
8.	Exercise Principal	Video	<a href="https://youtu.be/0belghfdnpo">https://youtu.be/0belghfdnpo</a>	2020-21
9.	Muscle System	Video	<a href="https://youtu.be/Akgzuanw7f4">https://youtu.be/Akgzuanw7f4</a>	2020-21
10.	Human Body Lever	Video	<a href="https://youtu.be/Cdgmталvmtу">https://youtu.be/Cdgmталvmtу</a>	2020-21
11.	Blood Components	Video	<a href="https://youtu.be/I6_Qxtajpnw">https://youtu.be/I6_Qxtajpnw</a>	2020-21
12.	Types Of Human Body	Video	<a href="https://youtu.be/Stw9r06yera">https://youtu.be/Stw9r06yera</a>	2020-21

<b>Member on Editorials Board</b>			
<b>Sr. No</b>	<b>Body / Journal Name</b>	<b>Member Type</b>	<b>Year</b>
1.	Ignited Minds Professional & Academic Research Consortium	Professional Membership	2016-17
2	International Journal of Yoga, Physiotherapy and Physical Education	Associate Editor	2017-18
3	Dk International Research Foundation	Editor bord	2018-19
4	International Journal of Sports Science and Physical Education (IJSSPE); ISSN Print: 2575-226X	Editor bord	2019-20
5	International Journal of Management & Social Studies	Reviewer	2019-20
6	Institute of Scholars (InSd)	Professional Member	2019-20
7	International Journal of Sports Science and Physical Education	Editor bord	2020-21
8	International Journal of Physiology, Nutrition and Physical Education	Associate Editor	2021-22

1.

<b>Workshop / Seminar / Webinar Attendance</b>				
<b>Sr. No</b>	<b>Workshop and Seminar Them</b>	<b>Organizer</b>	<b>Level</b>	<b>Year</b>
1	Strass Management and Physical Education	New Arts, Commerce and Science, Ahmednagar	State	2012-13
2	29 <sup>th</sup> Physical Director Seminar and Workshop	Sagamner College Sagamner	University	2014-15
3	The Relevance of Social Science in Constructing Society	Pemraj Sarda College, Ahmednagr	National	2016-17
4	31 <sup>st</sup> Physical Director Seminar and Workshop	Sagamner College Sagamner	University	2014-15
5	2 <sup>nd</sup> National Teachers Congress	MIT School of Government	National	2017-18
6	32 <sup>nd</sup> Physical Director Seminar and Workshop	Arts, Science and Commerce College, Narayngao	University	2017-18
7	Resend Trends in Arts, Science, Engineering and Technology	Dk International Research Foundation And International American Council for Research and Development	International	2018-19
8	E Content Development workshop	Ahmednagar College Ahmednagar	State	2018-19
9	One Week ICT Tools For Collaboration	SNDT Women University, Teaching Learning Center under the PMMMMNMTT	National	2019-20
10	International Workshop on Sports Nutrition	Kavaytri Bahinabai Chuodhari North Maharastra University, Jalgoan and K.C.E. Society's College of Education and Physical Education	International	2019-20
11	Trends Issues and Development of Physical Education and Sports"	Department of Physical Education and Sports Science, Fit India Campaign Committee, Fit India Club, Manipur University, Canchipur, Imphal in collaboration with National Association of Physical Education ad Sports Science (NAPESS).	International	2020-21
12	Wellness: An Introspective Approach Toward the lifestyle	Department of Physical Education, Savitribai Phule Pune University Pune	National	2020-21
13	Performance Based Appraisal System (Pbas) - Academic Performance Indicators (Api) For Teachers	Bharatiya Mahavidyalaya, Amravati	National	2020-21
14	Lead to Excellence to Athletic Performance	Chandarshekhhar Agashe College of Physical Education, Pune	International	2020-21
15	Sport, Physcial fitness and Mental Health During the Pandemic and Post Pandemic	Adarsh College of Arts, Dhule	National	2020-21
16	Google app for Education and Moodle Workshop	Rajaram College, Kolhapur.	National	2020-21
17	Role of Women in Sports and Society	Shri. Radhadevi Goenka College for Women, Akola.	National	2020-21
18	Role of Mental Health in Pandemic	Saraswati Kale Mahavidyalay, Akola	National	2020-21

19	G Suit and Allied tool in Education, teaching and E-content Development	Sant Gadgebaba Amravati University Amravati.	National FDP	2020-21
20	creating Android App Workshop	Universal Teacher Academy, Puducherry	National	2020-21
21	Trend Issue and Development Physical Education and Sports	Department of Physical Education Manipur University and the Collaboration with National Association of Physical Education and Sports Science.	International E Conference	2020-21
22	Educational Innovative Teaching Skill	Devan institute of management studies college of education, Meerut, Uttar Pradesh.	National FDP	2020-21
23	Healthy Lifestyle Management Throughout Physical Education, Diet and Rest	Kisan Veer Mahavidyalaya. Wai	International	2020-21
24	Physical Education and Sports Science	Ministry of youth Affairs and Sports Organized by Manipal University Jaipure	International	2020-21
25	Sports Science, Physical Fitness and Yoga During Covid 19 Pandemic	Sports Authority of India – Laximbai National College of Physical Education Collaboration with PEFI, Svyasa Deemed University (Bangalore), Bihar School of Yoga (Munger) and Fitness 365.	International	2020-21
26	creating Interactive E- Resources and Gamification	Universal Teacher Academy, Puducherry.	National	2020-21
27	<u>Stress Management</u>	Amruteshwar Arts, Commerce and Science College, Pune.	National	2021-22
28	7 Day National Level Yoga Programme	Shri Shivayogi Murughendra Swamiji Arts, Science and Commerce College Association with Physical Education Foundation of India.	National	2021-22
29	Recent Trends in Lifestyle and Health Management	Department of Physical Education and Sports, Baburaoji Gholap College, Sangvi, Pune	international webinar	2021-22
30	Sports Nutrition	Department of Sports and IQAC, Arts, Commerce and Science College, Gadhinglaj, Dist. Kolhapur	National	2021-22
31	Managerial Approach in Physical Education and Sports - MAPES 2021	YMCA College of Physical Education, Chennai, Tamil Nadu.	international webinar	2021-22
32	Physical Education, Sports Science, Health, Fitness, Physical Activity and Sports Competition	Physical Education Chatrapati Shivaji kala mahavidayla, Shripad Krushna Kolathkar and the Collaboration with International Federations of Physical Education, Fitness and Sports Association.	International E Conference	2021-22
33	Covid-19 Pandemic: Challenges, Opportunities & Solutions Infront of Higher Education	Shankarlal Khandelwal Arts, Science & Commerce College, Akola & Arts and Science College, Kurha, Amravati & Saraswati Kala Mahavidyalaya, Dahihanda, Akola in Collaboration with Physical Education	International E-Conference	2021-22

		Foundation of India, New Delhi.		
34	Indian's Gold in the Olympics and Reporting Experience of TOKYO OLYMPIC 2020	Department of Physical Education & Sports of our college on the occasion on National Sports Day 2021	National	2021-22
35	The Impact of Covid 19 on Physical Activity and Sports	Shri. Dr. M.S. Gosavi college of commerce, Nasik	National	2021-22
36	Inside the Khelo India	by M.M. Chandrashekhar Agashe College of Physical Education jointly with Lakshmibai National College of Physical Education.	National Level Webinar	2021-22
37	Olympic Paralympic Genesis and Verity	Academy of Physical Education.	National	2021-22
38	Fitness ka Dose Adha Ghanta Roz	Kai. Rasika Mahavidayla, Devni	State	2021-22
39	Teacher's e-Kit: A Four Quadrant Approach for Development of OERs for Higher Education	Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education	National	2021-22
40	Participated in the 108 Sun Salutation Noble World Record Official Event (NWR/2241/2021)	Yogalaya Health Care Institute and Faculty of Yoga Sciences and Therapy	International	2021-22
41	wellness and learning: a holistic approach towards leading a meaningful life	guru angad dev teaching learning centre, sgtb khalsa college, university of delhi under the pandit madan mohan malaviya national mission on teachers and teaching (pmmnmmtt) of ministry of education.	National	2021-22
42	Promoting Excellence in Physical Education and Sports through Innovation in Teaching and Learning, ICT & Professional Approach	by Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education.	National FDP	2021-22

## Organized Workshop and Seminar

Sr. No	Them	Level	Funding	Year
1	ट्रेकिंग मार्गदर्शन शिबीर	Taluka	BCUD	2018-19
2	आहाराचे महत्व मार्गदर्शन शिबीर	Taluka	BCUD	2018-19
3	Career Opportunities in Physical Education And Sports	State Level Workshop	College	2020-21
4	Fitness Ka Dose Adha Ghanta Roz	State Level Workshop	College	2021-22
5	Health Development Through Recreational Sports	Taluka	BCUD	2021-22
6	Yoga For Wellness	State Level Workshop	College	2021-22
7	Recent Trends in Teaching-Learning Process	One Week Online National Faculty Development Programme	Dadapatil Rajale Arts, Science And Commerce College And Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University Of Delhi Under The Pandit Madan Mohan Malaviya National Mission On Teachers And Teaching (PMMMNTT) Of Ministry Of Education.	2021-22



## Qualification of Self Development

Sr. No	Course Name	Organizer	Duration	Year
1	<b>Yoga Pravesh</b>	<b>Yogviday Gurukul Nasik</b>	<b>30 Day</b>	<b>2016-17</b>
2	Physical Fitness - Fitness Tips and Workout Routines	<b>Alison (Online)</b>	<b>8 Hour</b>	<b>2017-18</b>
3	Online Course Fitness for Beginner	Udemy	<b>1 Hour</b>	<b>2018-19</b>
4	Online Course Fitness Nutrition	Udemy	<b>1 Hour</b>	<b>2018-19</b>
5	Online Course Health and Fitness	Udemy	<b>1 Hour</b>	<b>2018-19</b>
6	Online Course Sports Nutrition	Udemy	<b>1 Hour</b>	<b>2018-19</b>
7	Online Course Warm up and Cooldown right way	Udemy	<b>1 Hour</b>	<b>2018-19</b>
8	Online Course Confidant Trainer	Open 2 Study	<b>30 Hour</b>	<b>2018-19</b>
9	Online Course Food Nutrition and Your Health	Open 2 Study	<b>30 Hour</b>	<b>2018-19</b>
10	Online Course the Human Body as a Machine	Open 2 Study	<b>30 Hour</b>	<b>2018-19</b>
11	<b>Enhancing Soft Skills and Personality</b>	SWAYAM	<b>8 weeks</b>	<b>2020-21</b>

<b>Team Manager and Coach / Selection Committee</b>				
<b>Sr. No</b>	<b>Event</b>	<b>Type</b>	<b>Level</b>	<b>Year</b>
1	Cycling (Boys/ Girl)	Team Manager	University	2014-15
2	Cycling (Boys/ Girl)	Selection Committee	University	2016-17
3	Netball Girl	Team Manager	Zonal	2017-18
4	Cycling (Boys/ Girl)	Selection Committee	University	2018-19

<b>Exam Work</b>				
<b>Sr. No</b>	<b>Exam Name</b>	<b>College Name</b>	<b>Level</b>	<b>Year</b>
1	External Supervisor (Physical Education Scheme)	Shri. Harihareshwar Arts and Science College,	Internal	2016-17
2	External Senior Supervisor	New Law College, Ahmednagar	University	2016-17
3	External Supervisor (Physical Education Scheme)	Babuji Avhad College, Pathardi	Internal	2016-17
4	Junior Supervisor March / April	Dadapatil Rajale Arts Science and Commerce College, Adinathnagar	University	2016-17
5	Junior Supervisor April / May	Dadapatil Rajale Arts Science and Commerce College, Adinathnagar	University	2016-17
6	Junior Supervisor April / May	Dadapatil Rajale Arts Science and Commerce College, Adinathnagar	University	2016-17
7	Internal Squad	Dadapatil Rajale Arts Science and Commerce College, Adinathnagar	Internal	2017-18
8	Junior Supervisor March / April	Dadapatil Rajale Arts Science and Commerce College, Adinathnagar	University	2018-19
9	Junior Supervisor March / April	Dadapatil Rajale Arts Science and Commerce College, Adinathnagar	Internal	2018-19
10	Junior Supervisor March / April	Dadapatil Rajale Arts Science and Commerce College, Adinathnagar	University	2018-19
11	External Senior Supervisor	Anand Arts and Science College, Parthardi	University	2019-20

<b>Orientation / Short term / Refresher Program / FDP</b>				
<b>Sr. No</b>	<b>Name</b>	<b>Organizer</b>	<b>Type</b>	<b>Year</b>
1	Orientation Program	Mumbai University, Mumbai	Orientation	2016-17
2	Refresher Course Disaster management (Physical Education)	Arts, Science and Commerce College, Indapur	Refresher	2017-18
3	Refresher Course in Physical Education and Sports	Department of Physical Education Savitribai Phule, Pune University Pune.	Refresher	29-2-2020 to 13-03-2020
4	Open Educational Resources (Blended mode)	SNDT Women University, Teaching Learning Center under the PMMMNMTT	Refresher	27-1-2020 to 7-2-2020 10-2-2020 to 15-2-2020
5	E Content Development	Guru Angad Dev Teaching Learning Center, SGTB Khalsa College University of Delhi under the PMMMNMTT	FDP	27 <sup>th</sup> to 31 <sup>st</sup> July 2020
6	E Content Development for Teachers (Physical Education)	School of Education Savitribai Phule, Pune University Pune. under the PMMMNMTT	FDP	1-6-2020 to 5-6-2020
7	Physical Education Sports Science and Yoga	Sant Gadge baba Amravati University (UGC-Human Resource Development Center	Refresher	11-10-2021 to 25-10-2021
8	Moodle 4.0 Learning Management System	SNDT Women University, Teaching Learning Center under the PMMMNMTT	FDP	14-7-2022 to 20-7-2022